

2022-2023

#HelperHelper REPORT



NCAA DI, DII, DIII

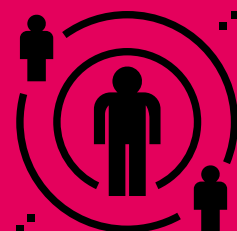


#Helper#Helper REPORT

As we come to the end of another academic year, it's important to reflect on the impact our NCAA Division I, II, and III student-athletes have made in their communities through their service initiatives. From volunteering at local schools to organizing fundraising events for charities, student-athletes have demonstrated their commitment to making a positive impact beyond the field of play. In this report, we will showcase the impressive results of their efforts and highlight the top men's and women's teams and athletic departments. We hope that this report will serve as a source of inspiration for future service initiatives and as a testament to the importance of using our platform as athletes to make a difference in the world around us.



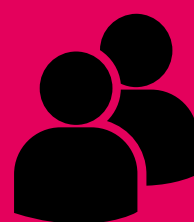
TOTAL HOURS
428,599



OPPORTUNITIES
13,536



ECONOMIC IMPACT
\$13.6 M



PARTICIPANTS
43,140



TOP 25 SCHOOLS

1. UNIVERSITY OF NORTH DAKOTA
2. TULANE UNIVERSITY
3. TOWSON UNIVERSITY
4. GEORGIA TECH
5. UNIVERSITY OF PITTSBURGH
6. UNIVERSITY OF MIAMI
7. UNIVERSITY OF TEXAS RIO GRANDE VALLEY
8. PROVIDENCE COLLEGE
9. OLD DOMINION UNIVERSITY
10. WESTERN MICHIGAN UNIVERSITY
11. TROY UNIVERSITY
12. KENT STATE UNIVERSITY
13. BAYLOR UNIVERSITY
14. UNIVERSITY OF NORTH ALABAMA
15. GEORGIA SOUTHERN UNIVERSITY
16. UNIVERSITY OF LOUISIANA
17. COASTAL CAROLINA UNIVERSITY
18. BUCKNELL UNIVERSITY
19. BELMONT UNIVERSITY
20. WAKE FOREST UNIVERSITY
21. STEPHEN F. AUSTIN STATE UNIVERSITY
22. SAN JOSE STATE
23. UNIVERSITY OF ARIZONA
24. UNIVERSITY OF SOUTH ALABAMA
25. JAMES MADISON UNIVERSITY

TOP WOMEN'S TEAMS



- 1. U. of Louisiana Monroe**
WOMEN'S SOFTBALL



- 2. Northern Illinois University**
WOMEN'S SOFTBALL



- 3. Kent State University**
WOMEN'S LACROSSE



- 4. University of North Dakota**
WOMEN'S TENNIS



- 5. Tulane University**
WOMEN'S SWIMMING AND DIVING

TOP MEN'S TEAMS



- 1. UTRGV**
MEN'S BASKETBALL



- 2. Tulane University**
MEN'S BASKETBALL



- 3. University of South Alabama**
MEN'S BASKETBALL



- 4. Kent State University**
MEN'S WRESTLING



- 5. University of North Dakota**
MEN'S BASKETBALL



DIVISION I

291,328 HOURS

10,306 OPPORTUNITIES



TOP DI WOMEN'S SPORTS

FIELD HOCKEY

- 1. JAMES MADISON UNIVERSITY
- 2. TOWSON UNIVERSITY
- 3. QUEENS UNIVERSITY OF CHARLOTTE
- 4. BUCKNELL UNIVERSITY
- 5. UNIVERSITY OF IOWA
- 6. PROVIDENCE COLLEGE
- 7. KENT STATE UNIVERSITY
- 8. WAKE FOREST UNIVERSITY
- 9. UNIVERSITY OF LOUISVILLE
- 10. MONMOUTH UNIVERSITY

LACROSSE

- 1. KENT STATE UNIVERSITY
- 2. UNIVERSITY OF LOUISVILLE
- 3. COASTAL CAROLINA UNIVERSITY
- 4. UNIVERSITY OF PITTSBURGH
- 5. JAMES MADISON UNIVERSITY
- 6. OLD DOMINION UNIVERSITY
- 7. QUINNIAC UNIVERSITY
- 8. BUCKNELL UNIVERSITY
- 9. RUTGERS UNIVERSITY
- 10. TOWSON UNIVERSITY

BASKETBALL

- 1. NORTHERN ILLINOIS UNIVERSITY
- 2. UNIVERSITY OF LOUISIANA
- 3. GEORGIA SOUTHERN UNIVERSITY
- 4. UNIVERSITY OF NORTH DAKOTA
- 5. UNIVERSITY OF MIAMI
- 6. VANDERBILT UNIVERSITY
- 7. COLLEGE OF HOLY CROSS
- 8. PROVIDENCE COLLEGE
- 9. OLD DOMINION UNIVERSITY
- 10. TEXAS TECH UNIVERSITY

VOLLEYBALL

- 1. UNIVERSITY OF NORTH DAKOTA
- 2. JAMES MADISON UNIVERSITY
- 3. BELMONT UNIVERSITY
- 4. MARSHALL UNIVERSITY
- 5. TEXAS STATE UNIVERSITY
- 6. WESTERN MICHIGAN UNIVERSITY
- 7. GEORGIA SOUTHERN UNIVERSITY
- 8. UNIVERSITY OF LOUISIANA
- 9. DEPAUL UNIVERSITY
- 10. UNIVERSITY OF SOUTH ALABAMA

TRACK & XC

- 1. ST. JOHN'S UNIVERSITY
- 2. PROVIDENCE COLLEGE
- 3. UNIVERSITY OF NORTH DAKOTA
- 4. GEORGIA SOUTHERN UNIVERSITY
- 5. WESTERN MICHIGAN UNIVERSITY
- 6. UNIVERSITY OF NORTH ALABAMA
- 7. OMAHA ATHLETICS
- 8. GEORGIA TECH
- 9. UNIVERSITY OF LOUISIANA
- 10. TOWSON UNIVERSITY

GOLF

- 1. BOWLING GREEN STATE UNIVERSITY
- 2. UNIVERSITY OF NORTH DAKOTA
- 3. NORTHERN ILLINOIS UNIVERSITY
- 4. UNIVERSITY OF TEXAS RIO GRANDE VALLEY
- 5. JAMES MADISON UNIVERSITY
- 6. RUTGERS UNIVERSITY
- 7. OHIO STATE UNIVERSITY
- 8. OREGON STATE UNIVERSITY
- 9. KENT STATE
- 10. UNIVERSITY OF ARIZONA

ROWING

- 1. WEST VIRGINIA UNIVERSITY
- 2. UNIVERSITY OF MIAMI
- 3. WEST VIRGINIA UNIVERSITY
- 4. BUCKNELL UNIVERSITY
- 5. CLEMSON UNIVERSITY
- 6. RUTGERS UNIVERSITY
- 7. UNIVERSITY OF LOUISVILLE
- 8. OLD DOMINION UNIVERSITY
- 9. MONMOUTH UNIVERSITY
- 10. OREGON STATE UNIVERSITY

SWIM & DIVE

- 1. TULANE UNIVERSITY
- 2. IUPUI
- 3. GEORGIA SOUTHERN UNIVERSITY
- 4. WEST VIRGINIA UNIVERSITY
- 5. QUEENS UNIVERSITY OF CHARLOTTE
- 6. GEORGIA TECH
- 7. OLD DOMINION UNIVERSITY
- 8. UNIVERSITY OF MIAMI
- 9. UNIVERSITY OF UTAH
- 10. PROVIDENCE COLLEGE



SOCCER

- 1. TOWSON UNIVERSITY
- 2. OLD DOMINION UNIVERSITY
- 3. KENT STATE UNIVERSITY
- 4. MIZZOU ATHLETICS
- 5. GEORGIA SOUTHERN UNIVERSITY
- 6. MARSHALL UNIVERSITY
- 7. UNIVERSITY OF LOUISIANA
- 8. UNIVERSITY OF NORTH DAKOTA
- 9. WAKE FOREST UNIVERSITY
- 10. BELMONT UNIVERSITY

TENNIS

- 1. UNIVERSITY OF NORTH DAKOTA
- 2. UNIVERSITY OF ARIZONA
- 3. TOWSON UNIVERSITY
- 4. BAYLOR UNIVERSITY
- 5. GEORGIA TECH
- 6. UNIVERSITY OF LOUISIANA
- 7. GEORGIA SOUTHERN UNIVERSITY
- 8. TULANE UNIVERSITY
- 9. KANSAS STATE UNIVERSITY
- 10. UNIVERSITY OF ALABAMA AT BIRMINGHAM

SOFTBALL

- 1. NORTHERN ILLINOIS UNIVERSITY
- 2. SOUTH DAKOTA STATE UNIVERSITY
- 3. UNIVERSITY OF LOUISIANA
- 4. UNIVERSITY OF LOUISIANA AT MONROE
- 5. UNIVERSITY OF FLORIDA
- 6. UNIVERSITY OF SOUTH ALABAMA
- 7. UNIVERSITY OF NORTH DAKOTA
- 8. UNIVERSITY OF LOUISVILLE
- 9. GEORGIA SOUTHERN UNIVERSITY
- 10. JAMES MADISON UNIVERSITY



TOP DI MEN'S SPORTS

SOCCER

1. WAKE FOREST UNIVERSITY
2. GEORGIA SOUTHERN UNIVERSITY
3. JAMES MADISON UNIVERSITY
4. OMAHA ATHLETICS
5. PROVIDENCE COLLEGE
6. UNIVERSITY OF TEXAS RIO GRANDE VALLEY
7. OLD DOMINION UNIVERSITY
8. PENN STATE
9. WESTERN MICHIGAN UNIVERSITY
10. UNIVERSITY OF LOUISVILLE

SWIM & DIVE

1. QUEENS UNIVERSITY OF CHARLOTTE
2. IUPUI
3. GEORGIA TECH
4. UNIVERSITY OF ARIZONA
5. OLD DOMINION UNIVERSITY
6. PROVIDENCE COLLEGE
7. BUCKNELL UNIVERSITY
8. WEST VIRGINIA UNIVERSITY
9. TOWSON UNIVERSITY
10. TEXAS CHRISTIAN UNIVERSITY

LACROSSE

1. ST. JOHN'S UNIVERSITY
2. TOWSON UNIVERSITY
3. BUCKNELL UNIVERSITY
4. OHIO STATE UNIVERSITY
5. UNIVERSITY OF NOTRE DAME
6. QUEENS UNIVERSITY OF CHARLOTTE
7. RUTGERS UNIVERSITY
8. PROVIDENCE COLLEGE
9. UNIVERSITY OF MICHIGAN
10. QUINNIPIAC UNIVERSITY



BASKETBALL

1. UNIVERSITY OF TEXAS RIO GRANDE VALLEY
2. TULANE UNIVERSITY
3. UNIVERSITY OF SOUTH ALABAMA
4. UNIVERSITY OF NORTH DAKOTA
5. BUCKNELL UNIVERSITY
6. GEORGIA TECH
7. UNIVERSITY OF LOUISIANA
8. WESTERN MICHIGAN UNIVERSITY
9. TOWSON UNIVERSITY
10. STEPHEN F. AUSTIN STATE UNIVERSITY

WRESTLING

1. KENT STATE UNIVERSITY
2. NORTHERN ILLINOIS UNIVERSITY
3. BUCKNELL UNIVERSITY
4. FRESNO STATE
5. UNIVERSITY OF PITTSBURGH
6. OREGON STATE UNIVERSITY
7. WEST VIRGINIA UNIVERSITY
8. UNIVERSITY OF MICHIGAN
9. QUEENS UNIVERSITY OF CHARLOTTE
10. APPALACHIAN STATE UNIVERSITY



FOOTBALL

1. SAN JOSE STATE
2. TROY UNIVERSITY
3. TULANE UNIVERSITY
4. UNIVERSITY OF NORTH DAKOTA
5. UNIVERSITY OF IOWA
6. GEORGIA SOUTHERN UNIVERSITY
7. PENN STATE
8. TOWSON UNIVERSITY
9. GEORGIA TECH
10. UNIVERSITY OF MICHIGAN

GOLF

1. UNIVERSITY OF NORTH ALABAMA
2. COASTAL CAROLINA UNIVERSITY
3. ARKANSAS STATE UNIVERSITY
4. UNIVERSITY OF TEXAS RIO GRANDE VALLEY
5. FLORIDA STATE UNIVERSITY
6. JAMES MADISON UNIVERSITY
7. KENT STATE UNIVERSITY
8. UNIVERSITY OF LOUISIANA
9. WEST VIRGINIA UNIVERSITY
10. UNIVERSITY OF NORTH DAKOTA

TRACK & XC

1. GEORGIA TECH
2. UNIVERSITY OF NORTH ALABAMA
3. UNIVERSITY OF TEXAS RIO GRANDE VALLEY
4. UNIVERSITY OF MICHIGAN
5. UNIVERSITY OF MIAMI
6. VIRGINIA COMMONWEALTH UNIVERSITY
7. UNIVERSITY OF SOUTH ALABAMA
8. UNIVERSITY OF LOUISIANA
9. TEXAS CHRISTIAN UNIVERSITY
10. COASTAL CAROLINA UNIVERSITY



TENNIS

1. UNIVERSITY OF ARIZONA
2. UNIVERSITY OF NORTH DAKOTA
3. GEORGIA SOUTHERN UNIVERSITY
4. GEORGIA TECH
5. OMAHA ATHLETICS
6. WESTERN MICHIGAN UNIVERSITY
7. TULANE UNIVERSITY
8. UNIVERSITY OF LOUISIANA
9. COASTAL CAROLINA UNIVERSITY
10. TEXAS TECH UNIVERSITY

BASEBALL

1. TOWSON UNIVERSITY
2. COASTAL CAROLINA UNIVERSITY
3. KANSAS STATE UNIVERSITY
4. NORTHERN ILLINOIS UNIVERSITY
5. TULANE UNIVERSITY
6. MIZZOU ATHLETICS
7. CLEMSON UNIVERSITY
8. GEORGIA TECH ATHLETICS
9. GEORGIA SOUTHERN UNIVERSITY
10. SAN JOSE STATE

TOP 25 SCHOOLS

1. GEORGIAN COURT UNIVERSITY
2. ARKANSAS TECH UNIVERSITY
3. TEXAS WOMAN'S UNIVERSITY
4. CLAYTON STATE UNIVERSITY
5. UNIVERSITY OF COLORADO, COLORADO SPRINGS
6. AUBURN UNIVERSITY AT MONTGOMERY
7. MISSOURI SOUTHERN STATE UNIVERSITY
8. COKER UNIVERSITY
9. SOUTHERN ARKANSAS UNIVERSITY
10. KENTUCKY WESLEYAN COLLEGE
11. EMPORIA STATE UNIVERSITY
12. WINONA STATE UNIVERSITY
13. REGIS UNIVERSITY
14. LENOIR-RHYNE UNIVERSITY
15. FLORIDA SOUTHERN COLLEGE
16. METROPOLITAN STATE UNIVERSITY OF DENVER
17. WAYNE STATE UNIVERSITY
18. MIDWESTERN STATE UNIVERSITY
19. GEORGIA SOUTHWESTERN STATE UNIVERSITY
20. FLAGLER COLLEGE
21. BELMONT ABBEY COLLEGE
22. MOLLOY COLLEGE
23. ANGELO STATE UNIVERSITY
24. FLORIDA INSTITUTE OF TECHNOLOGY
25. POST UNIVERSITY

TOP WOMEN'S TEAMS



1. **Georgian Court University**
WOMEN'S SOFTBALL



2. **Emporia State University**
WOMEN'S SOFTBALL



3. **Arkansas Tech University**
WOMEN'S VOLLEYBALL



4. **Lenoir-Rhyne University**
WOMEN'S SWIMMING AND DIVING



5. **Angelo State University**
WOMEN'S VOLLEYBALL



TOP MEN'S TEAMS



1. **Lenoir-Rhyne University**
MEN'S SWIMMING & DIVING



2. **Post University**
MEN'S LACROSSE



3. **Emporia State University**
MEN'S BASKETBALL



4. **Florida Southern College**
MEN'S CROSS COUNTRY/TRACK



5. **Catawba College**
MEN'S SWIMMING

DIVISION II

113,635 HOURS

2,805 OPPORTUNITIES



TOP DII WOMEN'S SPORTS

FIELD HOCKEY

- 1. COKER UNIVERSITY
- 2. BELMONT ABBEY COLLEGE
- 3. MOLLOY COLLEGE
- 4. FRANKLIN PIERCE UNIVERSITY
- 5. NEWBERRY COLLEGE

ICE HOCKEY

- 1. POST UNIVERSITY
- 2. UNIVERSITY OF MINNESOTA DULUTH
- 3. FRANKLIN PIERCE UNIVERSITY

SWIM & DIVE

- 1. LENOIR-RHYNE UNIVERSITY
- 2. CATAWBA COLLEGE
- 3. DAVIS & ELKINS COLLEGE
- 4. TEXAS WOMAN'S UNIVERSITY
- 5. FLORIDA SOUTHERN COLLEGE
- 6. WAYNE STATE UNIVERSITY
- 7. FLORIDA INSTITUTE OF TECHNOLOGY
- 8. UNIVERSITY OF ALASKA FAIRBANKS

LACROSSE

- 1. GEORGIAN COURT UNIVERSITY
- 2. POST UNIVERSITY
- 3. FLORIDA INSTITUTE OF TECHNOLOGY
- 4. BELMONT ABBEY COLLEGE
- 5. CATAWBA COLLEGE
- 6. LENOIR-RHYNE UNIVERSITY
- 7. COKER UNIVERSITY
- 8. LIMESTONE UNIVERSITY
- 9. FLORIDA SOUTHERN COLLEGE
- 10. UNIVERSITY OF COLORADO, COLORADO SPRINGS



BASKETBALL

- 1. GEORGIAN COURT UNIVERSITY
- 2. COKER UNIVERSITY
- 3. CLAYTON STATE UNIVERSITY
- 4. MISSOURI SOUTHERN STATE UNIVERSITY
- 5. AUBURN UNIVERSITY AT MONTGOMERY
- 6. FLORIDA SOUTHERN COLLEGE
- 7. FLORIDA INSTITUTE OF TECHNOLOGY
- 8. DAEMEN UNIVERSITY
- 9. METROPOLITAN STATE UNIVERSITY OF DENVER
- 10. REGIS UNIVERSITY



VOLLEYBALL

- 1. ARKANSAS TECH UNIVERSITY
- 2. ANGELO STATE UNIVERSITY
- 3. MOLLOY COLLEGE
- 4. EMPORIA STATE UNIVERSITY
- 5. REGIS UNIVERSITY
- 6. LENOIR-RHYNE UNIVERSITY
- 7. GEORGIAN COURT UNIVERSITY
- 8. MISSOURI SOUTHERN STATE UNIVERSITY
- 9. FLORIDA SOUTHERN COLLEGE
- 10. UNIVERSITY OF COLORADO, COLORADO SPRINGS

GOLF

- 1. COKER UNIVERSITY
- 2. METROPOLITAN STATE UNIVERSITY OF DENVER
- 3. FLORIDA SOUTHERN COLLEGE
- 4. FLAGLER COLLEGE
- 5. KENTUCKY WESLEYAN COLLEGE
- 6. MISSOURI SOUTHERN STATE UNIVERSITY
- 7. POST UNIVERSITY
- 8. WALSH UNIVERSITY
- 9. UNIVERSITY OF COLORADO, COLORADO SPRINGS
- 10. SOUTHERN ARKANSAS UNIVERSITY



TRACK & XC

- 1. MIDWESTERN STATE UNIVERSITY
- 2. FLORIDA SOUTHERN COLLEGE
- 3. MISSOURI SOUTHERN STATE UNIVERSITY
- 4. KENTUCKY WESLEYAN COLLEGE
- 5. SOUTHERN ARKANSAS UNIVERSITY
- 6. LENOIR-RHYNE UNIVERSITY
- 7. BELMONT ABBEY COLLEGE
- 8. DAVIS & ELKINS COLLEGE
- 9. EMPORIA STATE UNIVERSITY
- 10. ANGELO STATE UNIVERSITY

SOCCER

- 1. GEORGIAN COURT UNIVERSITY
- 2. LENOIR-RHYNE UNIVERSITY
- 3. COKER UNIVERSITY
- 4. CLAYTON STATE UNIVERSITY
- 5. FLORIDA SOUTHERN COLLEGE
- 6. MIDWESTERN STATE UNIVERSITY
- 7. FLORIDA INSTITUTE OF TECHNOLOGY
- 8. AUBURN UNIVERSITY AT MONTGOMERY
- 9. EMPORIA STATE UNIVERSITY
- 10. UNIVERSITY OF COLORADO, COLORADO SPRINGS

TENNIS

- 1. AUBURN UNIVERSITY AT MONTGOMERY
- 2. FLORIDA SOUTHERN COLLEGE
- 3. MIDWESTERN STATE UNIVERSITY
- 4. METROPOLITAN STATE UNIVERSITY OF DENVER
- 5. WAYNE STATE UNIVERSITY
- 6. ARKANSAS TECH UNIVERSITY
- 7. BELMONT ABBEY COLLEGE
- 8. SOUTHERN ARKANSAS UNIVERSITY
- 9. LENOIR-RHYNE UNIVERSITY
- 10. KENTUCKY WESLEYAN COLLEGE

SOFTBALL

- 1. GEORGIAN COURT UNIVERSITY
- 2. EMPORIA STATE UNIVERSITY
- 3. MISSOURI SOUTHERN STATE UNIVERSITY
- 4. KENTUCKY WESLEYAN COLLEGE
- 5. WAYNE STATE UNIVERSITY
- 6. SOUTHERN ARKANSAS UNIVERSITY
- 7. ARKANSAS TECH UNIVERSITY
- 8. METROPOLITAN STATE UNIVERSITY OF DENVER
- 9. FLAGLER COLLEGE
- 10. LENOIR-RHYNE UNIVERSITY



TOP DII MEN'S SPORTS

SOCCER

1. GEORGIAN COURT UNIVERSITY
2. COKER UNIVERSITY
3. FLAGLER COLLEGE
4. LENOIR-RHYNE UNIVERSITY
5. FLORIDA SOUTHERN COLLEGE
6. CLAYTON STATE UNIVERSITY
7. UNIVERSITY OF COLORADO, COLORADO SPRINGS
8. METROPOLITAN STATE UNIVERSITY OF DENVER
9. BELMONT ABBEY COLLEGE
10. AUBURN UNIVERSITY AT MONTGOMERY

LACROSSE

1. POST UNIVERSITY
2. FLORIDA SOUTHERN COLLEGE
3. BELMONT ABBEY COLLEGE
4. GEORGIAN COURT UNIVERSITY
5. LENOIR-RHYNE UNIVERSITY
6. MOLLOY COLLEGE
7. WINGATE UNIVERSITY
8. WALSH UNIVERSITY
9. FLAGLER COLLEGE
10. COKER UNIVERSITY

BASKETBALL

1. EMPORIA STATE UNIVERSITY
2. CLAYTON STATE UNIVERSITY
3. GEORGIAN COURT UNIVERSITY
4. ANGELO STATE UNIVERSITY
5. AUBURN UNIVERSITY AT MONTGOMERY
6. SOUTH DAKOTA SCHOOL OF MINES
7. KENTUCKY WESLEYAN COLLEGE
8. LENOIR-RHYNE UNIVERSITY
9. UNIVERSITY OF COLORADO, COLORADO SPRINGS
10. SOUTHERN ARKANSAS UNIVERSITY

FOOTBALL

1. ARKANSAS TECH UNIVERSITY ATHLETICS
2. LENOIR-RHYNE UNIVERSITY
3. MISSOURI SOUTHERN STATE UNIVERSITY
4. LIMESTONE UNIVERSITY
5. WINONA STATE UNIVERSITY
6. FRANKLIN PIERCE UNIVERSITY
7. KENTUCKY WESLEYAN COLLEGE
8. SOUTHERN ARKANSAS UNIVERSITY
9. EMPORIA STATE UNIVERSITY
10. ANGELO STATE UNIVERSITY

TRACK & XC

1. FLORIDA SOUTHERN COLLEGE
2. ANGELO STATE UNIVERSITY
3. GEORGIAN COURT UNIVERSITY
4. SOUTHERN ARKANSAS UNIVERSITY
5. KENTUCKY WESLEYAN COLLEGE
6. LENOIR-RHYNE UNIVERSITY
7. COKER UNIVERSITY
8. GEORGIAN COURT UNIVERSITY
9. DAVIS & ELKINS COLLEGE
10. WINONA STATE UNIVERSITY

WRESTLING

1. KENTUCKY WESLEYAN COLLEGE
2. COKER UNIVERSITY
3. BELMONT ABBEY COLLEGE
4. LIMESTONE UNIVERSITY
5. DAVIS & ELKINS COLLEGE

ICE HOCKEY

1. POST UNIVERSITY
2. FLORIDA SOUTHERN COLLEGE
3. UNIVERSITY OF ALASKA FAIRBANKS

GOLF

1. CLAYTON STATE UNIVERSITY
2. COKER UNIVERSITY
3. MIDWESTERN STATE UNIVERSITY
4. MISSOURI SOUTHERN STATE UNIVERSITY
5. GEORGIA SOUTHWESTERN STATE UNIVERSITY
6. KENTUCKY WESLEYAN COLLEGE
7. WALSH UNIVERSITY
8. UNIVERSITY OF COLORADO, COLORADO SPRINGS
9. SOUTHERN ARKANSAS UNIVERSITY
10. FLAGLER COLLEGE



SWIM & DIVE

1. LENOIR-RHYNE UNIVERSITY
2. DAVIS & ELKINS COLLEGE
3. WAYNE STATE UNIVERSITY
4. CATAWBA COLLEGE
5. FLORIDA SOUTHERN COLLEGE
6. FLORIDA INSTITUTE OF TECHNOLOGY



TENNIS

1. AUBURN UNIVERSITY AT MONTGOMERY
2. WAYNE STATE UNIVERSITY
3. FLORIDA SOUTHERN COLLEGE
4. METROPOLITAN STATE UNIVERSITY OF DENVER
5. FLAGLER COLLEGE
6. SOUTHERN ARKANSAS UNIVERSITY
7. KENTUCKY WESLEYAN COLLEGE
8. LENOIR-RHYNE UNIVERSITY
9. MIDWESTERN STATE UNIVERSITY
10. EMPORIA STATE UNIVERSITY

BASEBALL

1. EMPORIA STATE UNIVERSITY
2. COKER UNIVERSITY
3. REGIS UNIVERSITY
4. AUBURN UNIVERSITY AT MONTGOMERY
5. WAYNE STATE UNIVERSITY
6. UNIVERSITY OF COLORADO, COLORADO SPRINGS
7. SOUTHERN ARKANSAS UNIVERSITY
8. METROPOLITAN STATE UNIVERSITY OF DENVER
9. WINONA STATE UNIVERSITY
10. ARKANSAS TECH UNIVERSITY

TOP SCHOOLS

- 1. SUNY OSWEGO
- 2. SAINT MARY'S UNIVERSITY OF MINNESOTA
- 3. SHENANDOAH UNIVERSITY
- 4. NEW JERSEY CITY UNIVERSITY
- 5. WILLAMETTE UNIVERSITY
- 6. GEORGE FOX UNIVERSITY
- 7. UNIVERSITY OF THE OZARKS
- 8. RENSSELAER POLYTECHNIC INSTITUTE
- 9. ADRIAN COLLEGE

TOP WOMEN'S TEAMS



- 1. **Adrian College**
WOMEN'S LACROSSE



- 2. **George Fox University**
WOMEN'S LACROSSE



- 3. **Shenandoah University**
WOMEN'S BASKETBALL



- 4. **Shenandoah University**
WOMEN'S FIELD HOCKEY



- 5. **Saint Mary's U of Minnesota**
WOMEN'S VOLLEYBALL



TOP MEN'S TEAMS



- 1. **SUNY Oswego**
MEN'S ICE HOCKEY



- 2. **SUNY Oswego**
MEN'S CROSS COUNTRY & TRACK



- 3. **George Fox University**
MEN'S SOCCER



- 4. **Willamette University**
MEN'S FOOTBALL



- 5. **SUNY Oswego**
MEN'S BASKETBALL

DIVISION III

16,720 HOURS

452 OPPORTUNITIES



TOP DIII SPORTS

BASKETBALL

1. WOMEN'S - SHENANDOAH UNIVERSITY
2. MEN'S - SUNY OSWEGO
3. WOMEN'S - SAINT MARY'S U. OF MINNESOTA
4. MEN'S - WILLAMETTE UNIVERSITY
5. WOMEN'S - WILLAMETTE UNIVERSITY
6. WOMEN'S - SUNY OSWEGO
7. MEN'S - UNIVERSITY OF THE OZARKS
8. MEN'S - GEORGE FOX UNIVERSITY
9. MEN'S - RENSSELAER POLYTECHNIC INSTITUTE
10. WOMEN'S - NEW JERSEY CITY UNIVERSITY

VOLLEYBALL

1. WOMEN'S - SAINT MARY'S U OF MINNESOTA
2. WOMEN'S - WILLAMETTE UNIVERSITY
3. MEN'S - NEW JERSEY CITY UNIVERSITY
4. WOMEN'S - SUNY OSWEGO
5. WOMEN'S - SHENANDOAH UNIVERSITY
6. WOMEN'S - NEW JERSEY CITY UNIVERSITY
7. WOMEN'S - GEORGE FOX UNIVERSITY

TRACK & XC

1. CO-ED - SHENANDOAH UNIVERSITY
2. MEN'S - SUNY OSWEGO
3. WOMEN'S - SUNY OSWEGO
4. MEN'S - SAINT MARY'S U OF MINNESOTA
5. WOMEN'S - SAINT MARY'S U OF MINNESOTA
6. MEN'S - NEW JERSEY CITY UNIVERSITY
7. CO-ED - GEORGE FOX UNIVERSITY
8. WOMEN'S - NEW JERSEY CITY UNIVERSITY
9. CO-ED - UNIVERSITY OF THE OZARKS
10. MEN'S - WILLAMETTE UNIVERSITY



LACROSSE

1. WOMEN'S - GEORGE FOX UNIVERSITY
2. WOMEN'S - ADRIAN COLLEGE
3. WOMEN'S - SUNY OSWEGO
4. MEN'S - SUNY OSWEGO
5. MEN'S - ADRIAN COLLEGE
6. MEN'S - SHENANDOAH UNIVERSITY
7. WOMEN'S - WILLAMETTE UNIVERSITY
8. MEN'S - RENSSELAER POLYTECHNIC INSTITUTE
9. WOMEN'S - SHENANDOAH UNIVERSITY
10. WOMEN'S - RENSSELAER POLYTECHNIC INSTITUTE



GOLF

1. MEN'S - SUNY OSWEGO
2. MEN'S - NEW JERSEY CITY UNIVERSITY
3. MEN'S - GEORGE FOX UNIVERSITY
4. WOMEN'S - NEW JERSEY CITY UNIVERSITY
5. MEN'S - WILLAMETTE UNIVERSITY
6. WOMEN'S - GEORGE FOX UNIVERSITY
7. CO-ED - RENSSELAER POLYTECHNIC INSTITUTE



SWIM & DIVE

1. MEN'S - SUNY OSWEGO
2. WOMEN'S - SUNY OSWEGO
3. CO-ED - GEORGE FOX UNIVERSITY
4. CO-ED - UNIVERSITY OF THE OZARKS
5. WOMEN'S - WILLAMETTE UNIVERSITY
6. MEN'S - WILLAMETTE UNIVERSITY
7. WOMEN'S - RENSSELAER POLYTECHNIC INSTITUTE
8. MEN'S - RENSSELAER POLYTECHNIC INSTITUTE

WRESTLING

1. MEN'S - SUNY OSWEGO
2. WOMEN'S - NEW JERSEY CITY UNIVERSITY
3. WOMEN'S - UNIVERSITY OF THE OZARKS
4. MEN'S - NEW JERSEY CITY UNIVERSITY
5. MEN'S - UNIVERSITY OF THE OZARKS
6. WOMEN'S - ADRIAN COLLEGE

SOCCER

1. MEN'S - GEORGE FOX UNIVERSITY
2. MEN'S - SUNY OSWEGO
3. WOMEN'S - SUNY OSWEGO
4. MEN'S - WILLAMETTE UNIVERSITY
5. WOMEN'S - WILLAMETTE UNIVERSITY
6. WOMEN'S - NEW JERSEY CITY UNIVERSITY
7. WOMEN'S - SHENANDOAH UNIVERSITY
8. MEN'S - NEW JERSEY CITY UNIVERSITY
9. WOMEN'S - GEORGE FOX UNIVERSITY
10. WOMEN'S - SAINT MARY'S U. OF MINNESOTA

TENNIS

1. MEN'S - GEORGE FOX UNIVERSITY
2. WOMEN'S - NEW JERSEY CITY UNIVERSITY
3. MEN'S - NEW JERSEY CITY UNIVERSITY
4. CO-ED - SAINT MARY'S U OF MINNESOTA
5. WOMEN'S - RENSSELAER POLYTECHNIC INSTITUTE
6. WOMEN'S - GEORGE FOX UNIVERSITY
7. WOMEN'S - WILLAMETTE UNIVERSITY
8. MEN'S - RENSSELAER POLYTECHNIC INSTITUTE
9. MEN'S - SUNY OSWEGO
10. CO-ED - UNIVERSITY OF THE OZARKS

SOFTBALL/BASEBALL

1. SOFTBALL - NEW JERSEY CITY UNIVERSITY
2. BASEBALL - SUNY OSWEGO
3. BASEBALL - WILLAMETTE UNIVERSITY
4. SOFTBALL - SUNY OSWEGO
5. BASEBALL - SAINT MARY'S U OF MINNESOTA
6. BASEBALL - NEW JERSEY CITY UNIVERSITY
7. SOFTBALL - SAINT MARY'S U OF MINNESOTA
8. BASEBALL - UNIVERSITY OF THE OZARKS
9. BASEBALL - GEORGE FOX UNIVERSITY
10. SOFTBALL - WILLAMETTE UNIVERSITY

FALL 2022

NCAA® TEAM WORKS™ SERVICE CHALLENGE



POWERED BY



DIVISION I

1. UNIVERSITY OF MIAMI
2. UNIVERSITY OF PITTSBURGH
3. UNIVERSITY OF NORTH DAKOTA
4. GEORGIA SOUTHERN UNIVERSITY
5. BUCKNELL UNIVERSITY

143,234 HOURS

\$4.2 Million
economic impact

DIVISION II

1. GEORGIAN COURT UNIVERSITY
2. COKER UNIVERSITY
3. ARKANSAS TECH UNIVERSITY ATHLETICS
4. CLAYTON STATE UNIVERSITY
5. MISSOURI SOUTHERN STATE UNIVERSITY

64,519 HOURS

\$1.9 Million
economic impact

DIVISION III

1. OSWEGO STATE
2. SAINT MARY'S UNIVERSITY OF MINNESOTA
3. GEORGE FOX UNIVERSITY
4. SHENANDOAH UNIVERSITY
5. NEW JERSEY CITY UNIVERSITY

10,841 HOURS

\$324,687
economic impact

61,964

student-athletes

218,594

HOURS

\$6.5

economic
impact



408-AVERAGE # OF
STUDENT-ATHLETES

TOP 25 vs TOP 10
3,564 – 4,652

AVERAGE NUMBER OF HOURS PER SCHOOL

78% – 84%

PERCENT PARTICIPATION

10.85 – 12.70

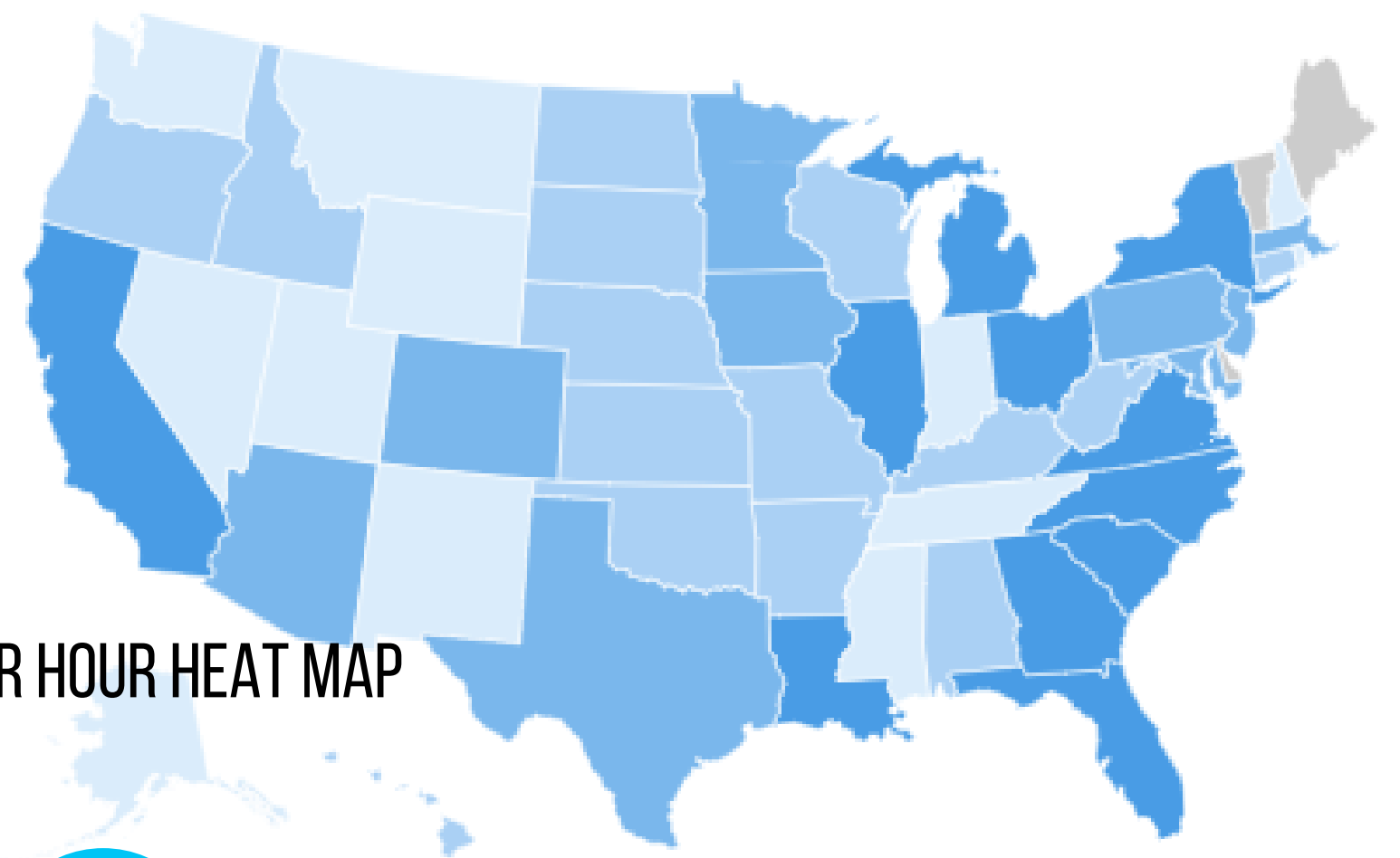
AVERAGE NUMBER OF HOURS PER STUDENT

On average the top 25 schools have 30 partner organizations
and host 75 events throughout the year

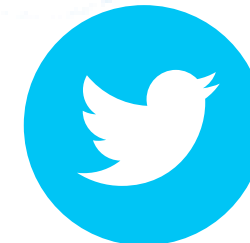
HOW DO YOU MATCH UP?

DNA of a Top 25 community engagement program

- OCTOBER IS THE TOP MONTH FOR SERVICE 
- 56% OF HOURS ARE SERVED ON FRI, SAT, SUN.



HELPER HELPER HOUR HEAT MAP



www.helperhelper.com